**Data:** giugno 2015

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|  | Valutazione | Appunti |
| Velocità vento leggero |

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 | Fiocco in basso aperto (scotta), in alto aperto (barber).Cunningam fiocco con catenaria |
| Velocità vento medio |

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 | Fiocco in basso chiuso (scotta), in alto chiuso (barber).Cunningam fiocco ??????????????? |
| Velocità vento forte |

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 | Fiocco in basso chiuso (scotta), in alto leggermente aperto (barber).Cunningam fiocco ??????????????? |
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 | Segno sulla scotta fiocco per virata con leggera poggiata. |
| Strambate |

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 | Segno sulla scotta fiocco per braccio non sbatte sullo strallo.Segno sulla scotta tangone per il rientro del braccio. |
| Giri boa bolinaDX-dx, DX-sx, SX,dx,SX-sx |

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| Giri boa poppaDX-dx, DX-sx, SX,dx,SX-sx |

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 | Tenersi larghi passare la boa alla massima velocità di bolina stretta senza scarroccio. |

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|  | Valutazione | Osservazioni |
| **Partenza classica** |

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 | (Vento 10 nodi)Mettersi a 2-3 lunghezze dalla linea, prua al vento.A – 25 secondi iniziare a cazzare le vele per una bolina larga.A – 20 secondi la barca comincia a prendere velocità. |
| **Partenza in velocità** |

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 | (Vento 10 nodi)Mettersi a 5-6 lunghezze dalla linea, prua al vento.A – 40 secondi iniziare a cazzare le vele per una bolina stretta. |
| **Partenza con scarroccio** |

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 | (Vento 10 nodi)Mettersi a 1 lunghezza dalla linea, prua al vento a derstra dalla barca comitato.A – 40 secondi iniziare a scarrocciare cazzando leggermente il fiocco.A -10 cazzare le vele e partire |
| **Partenza con virata** |

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 | (Vento 10 nodi)Partire a 6 lunghezze dalla linea mure a sinistra.A 1 lunghezza dalla linea virare mure a dritta e partire. |
| **Partenza con strambata** |

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 | (Vento 10 nodi)Partire mure a dritta, percorrere la linea, strambare e partire mure a sinistra. |

Da fare:

segno sulla scotta paterazzo

e/o

segni sulla scotta strallo

comprare gognometro

procedura partenza

diagramma